



# *2009 West Mesquite High School Cross Country Schedule*

<b>Date</b>	<b>Meet</b>	<b>Site</b>
September 12	Stallion Stampede	Samuell Farm, Mesquite
September 19	Conrad Challenge	Conrad H.S., Dallas
September 26	Jim Baker Eagle Inv.	Springfield Park, Rowlett
October 3	TBA	TBA
October 10	Team Picnic/WMHS Race	Memorial Stadium, Mesq.
October 17	Poteet Invitational	Samuell Farm, Mesquite
October 31	District Championships	Samuell Farm, Mesquite
November 7	Regional Championships	Vandergriff Park, Arlington
November 14	State Championships	Old Settlers Park, Round Rock

<b>Head Coach:</b>	<a href="#">Kristi Ream</a>	<b>Athletic Director:</b>	Steve Bragg
<b>Assistant Coach:</b>	Yvonne Bowman-Milton	<b>Campus Athletic Director:</b>	Mike Overton
<b>School:</b>	972-882-7600	<b>Principal:</b>	Keith Adams
<b>Athletic Office:</b>	972-882-7650	<b>Athletic Trainers:</b>	Ken Buck Yenny Alvarez